

List a skill from your second column or a new skill you'd like to develop. It can be a hard or soft skill.

Think of way(s) you can use this skill, possibly in a new field or with a new focus.

What sort of training or program will help you develop this skill further?

[illegible]

2. SKILL TIMELINE

Skill One	Month One Goal: Completed:
	Month Two Goal: Completed:
	Month Three Goal: Completed:
Skill Two	Month One Goal: Completed:
	Month Two Goal: Completed:
	Month Three Goal: Completed:

APPLICATION

Evaluate what's in your Competency Bank. Don't discount your past experience, especially social and soft skills, and interacting effectively with others.

In what ways can you reimagine your future based on your skill set along with your present or past jobs?

Estimate how much time you spend reading and reflecting. Set a weekly goal and write it here.

Write down two defined goals that incorporate at least one of your listed items in your dreams and opportunities column.

How can technology help you further your life or goals in business?

SKILLS CABLE

What will be your next step in using or learning more technology?

Spend some time expanding your columns further with additional dreams and opportunities. Don't limit yourself—it's okay to take some risks!

Part of the agenda for the Hero Mountain® live Summit for Women at Halftime is taking the time to think about you, your skills and where you are headed in your second half. We partner with you and your story to create focus, momentum and success. Take that time for yourself. You are worth it!