GOAL SETTING WORKSHEET

Long-Term Life Goal (what do you want to be known for?)

GOAL	Goal (what do you v	Jan-Mar		Apr-June		July-Sept		Oct-Dec	
Health- Weight/						•			
Fitness						A			
Home-				7					
Organization/									
workspace					_				
Family- Spouse/									
Kids/ others									
Writing-									
Creating									
Producing-									
Recording/ Publishing									
Publishing									
Speaking-									
concerts/									
presentations									
Marketing-									
Print/ eMail/									
Phone									
Networking-									
Events/ Groups				,					
Entertainment-									
Time off/ travel									
Friends									
Video -or other-									
expand business		h 4		4 1 1		A I	K I		
& platform		-NA							
Net Worth-		V							
Goal for year									
Debt payment	TT 1 : 1:	1 11 11	THE CLIP W						

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